

<p>Present in this scope 1988 Later: Finding of the Chronicity</p>	<p>Masking of the allergy Is at the same time the ground for CHRONICITY</p>	<p>Dr. Werthmann Konrad A-5020 SALZBURG Tel:0043-662-879912 The nursing mother herself keeps the STRICT DIET together with her child</p>
<p>Possible weak organ</p>	<p>Symptoms Reasons and complaints are already present in the first nine months of life</p>	<p>Relevant questionnaire</p>
<p>Immune system</p>	<p>Answer (Opinion) of most doctors: „The immune system is not yet well-prepared.”</p>	<p>My child suffers constantly from infections Question: Where is the immune system? Correct answer: The immune system is represented by the intestines and is at the same time the reason. If the intestines are stressed, problems with the immune system start and the intestines send the histamine to the ‘friend’, the weak organ (symptoms).</p>
<p>Lymph organs The lymph organs are always part of infant colics. The lymph organs are usually part of all organ-masking’s.</p>	<p>Lymphadenitis >recurrent >chronic > abdominal and <i>neck/throat</i> Enlargement of the tonsils and adenoid vegetations > Tongue enlarged > pushes on the first dental row and causes cross-bite</p>	<p>Are the tonsils enlarged? Does the child snuffle or snore? Is there a lot of nasal secretion? Do the teeth appear to be crooked in front? Will the teeth of the upper jaw be in front of the teeth of the lower jaw? Older child: Are the feet of the same length?</p>
<p>Teeth and Pelvis - length of feet IMPORTANT: The teeth And the pelvis = simply have their origin in the same problem See Lymphatic vessels > Problem of C 2/3</p>	<p>Mal position > open mouth > oral breathing > lymphatic Consult an Iso-therapeutic dental orthopedic: Iso-therapeutic dental orthopedics: Disturbances of bite > see tonsils/adenoids Also consult an orthopedic doctor trained in iso-therapy: Axis of the pelvis not straight = feet are of different length >></p>	<p>Infants > Lymphatics Is the mouth always open? Is there a lot of nasal discharge? > No nasal drops > but strict DIET Ask an Iso-therapeutic dental orthopedic doctor for treatment (Dr. Gerlich/ Salzburg, Dr. Rankovic Zoltan/St. Johann i. Pongau) as well as An orthopedic doctor trained in iso-therapy.</p>
<p>Airways Nose mostly congested > ORAL BREATHING Mouth is always open</p>	<p>Sniffing, Pulmonary spastic sneezing Chronic rhinitis > allergic rhinitis Chronic bronchitis > asthmoid The nursing mother always keeps the strict diet</p>	<p>Lymphatic child - always open mouth? Does the patient suffer from spasmodic sneezing? Does the patient suffer from chronic rhinitis, chronic coughing or bronchitis? Are there any asthmoid spasmodic attacks? Is it a case of “child” asthma? > Keep the DIET strictly</p>

Possible weak organ	<p style="text-align: center;">Symptoms</p> Reasons and complaints are already present in the first nine months of life	Relevant questionnaire
<p style="text-align: center;">Skin</p> <p style="text-align: center;">Patient scratches him/herself a lot, until bleeding</p>	<p style="text-align: center;">Cradle cap - Neurodermatitis Anal eczema, Itching dermatitis See Candida (Secondary disease) (= bacteriology) A nursing mother always keeps the strict diet - together with the child!</p>	<p>Is the skin already dry from birth on? Has Neurodermatitis already been diagnosed? Are there any itching spots? Does the child suffer from cradle cap? Is there a problem with scratching? Does it already suffer from dermatitis or any eczema? Please, keep the strict DIET!</p>
<p style="text-align: center;">Digestive organs and intestines</p> <p>Allergic intestinal attacks: Abdominal - 2 to 3 Months-umbilical colics because of abdominal lymphatic spasms</p> <p style="text-align: center;">Allergic inflammation of the Mucous membrane of Esophagus(Esophagitis)</p>	<p style="text-align: center;">Intestinal colics Constipation (or spastic diarrhea) Irritable Bowel Syndrome (IBS) Magnesium - Chelate stools (soapy stools) (semi-liquid, sticky faeces) Steatorrhea Bile acid-loss syndrome Flatulent belly, fermentation-, Mostly inflated belly</p> <p style="text-align: center;"><u>Nursing mother always keeps the strict diet together with the child</u></p> <p style="text-align: center;">Consequences are: Lactose-Intolerance, Fructose-Intolerance, Flatulence</p>	<p>Newborn: Does the child suffer from intestinal colics? Does the child cry a lot, especially at night? Are the faeces soft, are the bowel movements increased, are the faeces solid or is there a problem to clean the diaper from the faeces? Does the child suffer from a hard belly once in a while? Older children: Many winds, diarrhea > psychic problems? Thick/enlarged belly? When the child rests on the back > the level of the belly is above the chest-level? Burning of the tongue's surface Juveniles / Adults: Please, do keep the DIET STRICTLY, then the intolerances will disappear</p>
<p style="text-align: center;">Bladder- and kidneys</p>	<p>Urinates more often than expected, suffers more often from angina at age 3 - 5, bedwetting,(cannot control the constrictor muscle of the bladder), kidney problems</p>	<p style="text-align: center;">Keep the diet strictly, prescribe Notakehl D5 2 - 3 x daily</p>
<p style="text-align: center;">Neurological symptoms Restlessness Restless legs HYPERACTIVITY</p>	<p>Young child: restless legs, individual itching spots on the skin Older child: When eating cakes > Burning of the tongue or irritated feeling (tickling) of the throat, always moving, often ,fights' with siblings, partial muscle-weakness at sports Adults: Isolated itching on the back of the throat, migraine, burning of the tongue</p>	<p>Can the child play quietly on the floor? Can the child sit still and listen at school? Does the child complain about itching spots on the skin? Can the child climb up a pole? Are there any problems with the food? > Often sneezing, any problems with the knee? No tranquilizer, no antihistamine, no cortisone, but strict diet</p>
<p style="text-align: center;">Psychic Problems Whininess</p> <p style="text-align: center;">Muscle problems</p>	<p style="text-align: center;">Whininess Aggressive behavior Problems with concentration Chronic fatigue</p> <p>Muscle problems >to climb up poles Connective tissue- weakness</p>	<p style="text-align: center;">Restlessness at night</p> <p style="text-align: center;">No psycho-pharmaceutical, BUT STRICT DIET</p>
<p style="text-align: center;">Disturbances of absorption-</p>	<p style="text-align: center;">Reduced fat-absorption Reduced KH -absorption</p> <p style="text-align: center;">Uncontrolled protein-diffusion >> Patient gets tubby</p>	<p>>> with infants: reduced increase of growth and weight Underweight Unprotected protein-diffusion Strict diet for several years</p>

<p>Bacteriology (are consequences of the intestinal allergy)</p>	<p>Consequences are: Candida-symptoms Vaginal mycosis Mycosis in the feces, on the skin</p>	<p>Oral Candida-mycosis, aphthae Recurrent Vulvo-Vaginitis Interdigital and /or nail mycosis</p>
<p>FOR ALL PATIENTS> suffering from cancer, wards and tumors</p>	<p>STRICT DIET No products of Cows milk or Hen's egg They contain large amounts of growth hormones</p>	
<p>Resultant diseases ... The following diagnoses are often used to avoid the word „Allergy“, according to the principle „Things that are not wanted or allowed to exist, do not exist“.</p>	<p>Allergy to hen's egg and cow's milk</p>	
<p>Candida- Infection (Hand-, foot-fungi, intestinal-, vaginal- mycosis, aphthae)</p>	<p>A long with the strict abstinence from cow's milk and hen's egg See Bacteriology >> Exmykehl, Albicansan, Fortakehl</p>	
<p>Lactose-Intolerance Problems with the stomach, diarrhea</p>	<p>A long with the strict abstinence from cow's milk and hen's egg No homeopathic tablets, only drops (no lactose!)</p>	
<p>Fructose-Intolerance Diarrhea flatulence, epigastric sounds and abdominal winds</p>	<p>A long with the strict abstinence from cow's milk and hen's egg Only eat the fruits and vegetables with either no or max 500 mg fructose! >> Fortakehl, Exmykehl</p>	
<p>Every other allergy</p>	<p>Is always based on the primary or basic allergens > Therefore always start with the abstinence of cow's milk and hen's egg</p>	
<p>BASIS ISO-THERAPY >>> For all symptoms use the "4-Steps"</p>	<p>Life starts to become NORMALITY The chronic decreases will recover</p>	
<p>1) Cleaning of the milieu = PURIFICATION of the body</p>	<p>1) DIET according to Werthmann CITROKEHL, 2 - 3 x 5 - 10 drops daily In case of diarrhea you may also take: OKOUBASAN D2, 3 x 1 - 3 drops daily</p>	
<p>2) Penicillium-Phase Step 1 and 2 start at the same time THEN change to</p>	<p>2) PENICILLIUM- Preparations For 1 - 2 weeks; either Fortakehl D5, drops, 2 - 3 x 5 -10 daily or Exmykehl D5, drops, 2 - 3 x 5 -10 daily or Albicansan D5, drops, 2 - 3 x 5 -10 daily or Pefrakehl D5, drops, 2 - 3 x 5 -10 daily</p>	
<p>3) Mucor racemosus - and Aspergillus niger Phase Can be taken for weeks and months</p>	<p>3) Mucor- und Aspergillus Phase -5-2-5-2- * Monday thru Friday (5 days): Mucokehl D5, drops, 1 x 10 drps, morning and</p>	

<p>Step 3 and 4 start at the same time</p>	<p>Nigersan D5, drops, 1 x 10 drps, evening * Saturday and Sunday (2 days) : Stick with the Penicillium-preparation * Then start again with „Mon - Fri“ Mucor/Aspergillus-Phase etcetera ...</p>
<p><u>4) Immunity-Phase</u> Always start with the ‘Immunity-Phase’ at step 4. Now the immune system - the intestines - is capable and ready to complete the demanded defense.</p>	<p>4) Immunity-phase Recarcin D6, drops, 2 x 5 -10, daily First rub in, later on take them orally</p>